

# Murray Ma SA State Long Course C 2nd March 20

## Equaliser Results

Surname	Firstname	Cat	Club	Race No	Time	To Winner
White	Matt	MELITE	Lakers	11	<b>2:50:30</b>	
Crowley	Sarah	FELITE	Meteors	24	<b>2:52:18</b>	<b>0:01:48</b>
Meade	David	MELITE	Bendigo	5	<b>2:57:13</b>	<b>0:06:43</b>
King	Jo	FELITE		22	<b>2:58:01</b>	<b>0:07:31</b>
Stephens	Matt	MELITE	Lakers	10	<b>2:58:41</b>	<b>0:08:11</b>
Johnson	Shane	MELITE	vales	3	<b>2:59:31</b>	<b>0:09:01</b>
Rule	Anthony	MELITE	knox tri club	8	<b>3:00:44</b>	<b>0:10:14</b>
Lock	Daniel	MELITE	Lakers	4	<b>3:04:23</b>	<b>0:13:53</b>
Morriss	Darren	MELITE	lakers	12	<b>3:07:07</b>	<b>0:16:37</b>
Kosztovits	Edith	FELITE	Meteor	23	<b>3:08:32</b>	<b>0:18:02</b>
Robertson	Andrew	MELITE	vales triathlon club	7	<b>3:14:09</b>	<b>0:23:39</b>
Smith	Mark	MELITE	Triplings	9	<b>3:15:20</b>	<b>0:24:50</b>
Albinus	Lisa	FELITE	Adelaide Vales	20	<b>3:23:11</b>	<b>0:32:41</b>
Hutchinson	Jane	FELITE	Lakers	21	<b>3:55:13</b>	<b>1:04:43</b>

## Overall Result

Surname	Firstname	Cat	Club	Race No	Finish	Place
White	Matt	MELITE	Lakers	11	<b>2:50:30</b>	1
Meade	David	MELITE	Bendigo	5	<b>2:57:13</b>	2
Revolution Cycles		MTEAM		160	<b>2:58:17</b>	3
Stephens	Matt	MELITE	Lakers	10	<b>2:58:41</b>	4
Johnson	Shane	MELITE	vales	3	<b>2:59:31</b>	5
Rule	Anthony	MELITE	knox tri club	8	<b>3:00:44</b>	6
Lock	Daniel	MELITE	Lakers	4	<b>3:04:23</b>	7
Morriss	Darren	MELITE	lakers	12	<b>3:07:07</b>	8
Meteors		MTEAM	Meteors	153	<b>3:08:57</b>	9
Bastian	Heath	M35-39	vales	39	<b>3:10:31</b>	10
Hickman	Travis	M30-34	Lakers	64	<b>3:10:45</b>	11
Crowley	Sarah	FELITE	Meteors	24	<b>3:11:03</b>	12
JT		FTEAM	Vales	159	<b>3:13:26</b>	13
Robertson	Andrew	MELITE	vales triathlon club	7	<b>3:14:09</b>	14
Smith	Mark	MELITE	Triplings	9	<b>3:15:20</b>	15
Lawn Bowlers		MIXTEAM	Lakers	158	<b>3:15:53</b>	16
Cartner	Troy	M35-39	bendigo	45	<b>3:16:02</b>	17
Sim	Jason	M35-39	Bendigo	98	<b>3:16:18</b>	18
King	Jo	FELITE		22	<b>3:16:46</b>	19
Pidgeon	John	M30-34	west lakes	87	<b>3:18:26</b>	20
Attwell-Gill	Andrew	M40-44		33	<b>3:18:43</b>	21
Vales Team		MIXTEAM	Vales	150	<b>3:22:55</b>	22
Parkinson	Shaun	M40-44	Port Lincoln	83	<b>3:23:56</b>	23
Richardson	Toby	M20-24	Mount Gambier	93	<b>3:24:18</b>	24
Tribsters		MTEAM	Tribe	151	<b>3:24:21</b>	25
Pavia	Adriano	M20-24	West Lakes Lakers	85	<b>3:24:36</b>	26

Kerr	Andrew	M35-39		68	<b>3:25:25</b>	27
Cocks	Michael	M40-44		46	<b>3:26:52</b>	28
Kosztovits	Edith	FELITE	Meteor	23	<b>3:27:17</b>	29
Kromkamp	Adam	M30-34	vales	70	<b>3:28:05</b>	30
Preece	Roy	M45-49		88	<b>3:30:47</b>	31
Box	Michael	M35-39	adelaide vales	43	<b>3:31:47</b>	32
O'Brien	Stephen	M35-39	Triking	110	<b>3:34:32</b>	33
Cotter	Craig	M30-34	Triking	48	<b>3:36:05</b>	34
Rowland	Jason	M35-39	Lakers	95	<b>3:37:12</b>	35
Wells	David	M60-64	Tribe	106	<b>3:38:41</b>	36
Diamond	Steve	M45-49	Lakers	53	<b>3:38:49</b>	37
Izzini	Cristian	M30-34	Vales	111	<b>3:39:11</b>	38
Fitzsimmons	Shane	M40-44	Shepparton	58	<b>3:39:20</b>	39
Lebbon	Michael	M20-24		73	<b>3:39:31</b>	40
Berry	Ian	M50-54	Lakers	42	<b>3:40:09</b>	41
SBM		MIXTEAM	Meteors	156	<b>3:40:53</b>	42
Duffy	Kevin	M50-54	West Lakes Tri Club	54	<b>3:41:29</b>	43
Lines	Peter	M45-49	Lakers	74	<b>3:41:30</b>	44
Albinus	Lisa	FELITE	Adelaide Vales	20	<b>3:41:56</b>	45
Reynolds	Ben	M25-29	Triking	92	<b>3:42:01</b>	46
Eastwood	Annette	F25-29	Lakers	55	<b>3:42:18</b>	47
Stockdale	Mike	M50-54	lincoln	100	<b>3:42:44</b>	48
Armchair Athletes		MTEAM	Triking	152	<b>3:44:23</b>	49
Fleming	John	M50-54	Coomealla	59	<b>3:45:00</b>	50
Franklyn	Peter	M50-54	Tribe	60	<b>3:45:17</b>	51
Cooper	Graham	M40-44	Triking	47	<b>3:45:21</b>	52
Perris	David	M35-39		86	<b>3:45:56</b>	53
Ellis	Darryn	M40-44		57	<b>3:46:00</b>	54
Hebart	Michelle	F30-34	Triking	63	<b>3:46:42</b>	55
Owens	Kerry	M45-49	Adelaide Vales	82	<b>3:47:35</b>	56
Goodrick	Chris	M30-34		62	<b>3:48:27</b>	57
Y Boomer Boomer		MIXTEAM	Vales	155	<b>3:49:49</b>	58
Ward	Alison	F20-24	The Tribe	105	<b>3:51:13</b>	59
Team MSL		FTEAM	Lakers	154	<b>3:52:42</b>	60
Cullen	Nancy	F50-54	Lakers	50	<b>3:52:58</b>	61
Jan Sarah		FTEAM	Lakers	52	<b>3:53:22</b>	62
Burns	Matthew	M30-34	Triking	1	<b>3:55:57</b>	63
Standley	Greg	M25-29		108	<b>3:56:12</b>	64
Barr	Brenton	M35-39	adelaide Vales	35	<b>3:56:25</b>	65
Craig	Brenton	M25-29		49	<b>3:57:52</b>	66
Daley	Rick	M60-64	lakers	51	<b>3:58:44</b>	67
Sheridan	Peter	M55-59	Lincoln Tri Club	97	<b>3:59:50</b>	68
Barry	Brett	M30-34		36	<b>3:59:59</b>	69
Pyman	Ben	M30-34		90	<b>4:00:00</b>	70
Corrie	Scott	M30-34	Lakers	112	<b>4:01:07</b>	71
Bell	Aaron	M30-34	Lakers	41	<b>4:01:08</b>	72
Murphy-o'neil	Bridget	F40-44	Adelaide Vales	80	<b>4:05:45</b>	73
May	Robyne	F40-44	Lincoln	109	<b>4:06:46</b>	74
Smart	Doug	M60-64	Meteors	99	<b>4:07:17</b>	75
Rees Jones	Richard	M45-49	lakers	91	<b>4:07:43</b>	76
Moore	Andrena	F55-59	Lakers	79	<b>4:09:39</b>	77
Kromkamp	Symen	M55-59		69	<b>4:10:15</b>	78
Bartlett	Andrew	M45-49	Adelaide Vales	38	<b>4:10:59</b>	79

Ohalo	Seppo	M40-44		6	<b>4:11:55</b>	80
Keplin	JA (Judy-ann)	F40-44	Lakers	67	<b>4:12:32</b>	81
Lubcke	Christine	F40-44		75	<b>4:13:02</b>	82
Lake	David	M45-49	Triplings	72	<b>4:13:40</b>	83
Hutchinson	Jane	FELITE	Lakers	21	<b>4:13:58</b>	84
Hill	David	M35-39	Adelaide Vales	65	<b>4:16:31</b>	85
Rule	Simon	M30-34	Coomealla	96	<b>4:16:34</b>	86
Burke	Catherine	F35-39	Coomealla	44	<b>4:17:18</b>	87
Psaroulis	Peter	M40-44	Adelaide Vales	89	<b>4:18:12</b>	88
Carter	Chris	M55-59	Lakers	113	<b>4:20:02</b>	89
KeEm Team		MIXTEAM		157	<b>4:20:14</b>	90
Allen	Ross	M55-59	Lincoln Tri Club	32	<b>4:20:38</b>	91
Barnes	Nicholas	M20-24	Triplings	34	<b>4:23:03</b>	92
Lake	Stewart	M35-39	lakers tri club	71	<b>4:23:20</b>	93
Robertson	Serin	F35-39	Meteors	94	<b>4:25:12</b>	94
Batt	Stephen	M40-44	adelaide vales	40	<b>4:27:31</b>	95
Travers	Mark	M50-54	Lakers	104	<b>4:32:21</b>	96
Adam	Patricia	F30-34	Mt Gambier	31	<b>4:33:35</b>	97
Molyneux	Dominic	M40-44	Lakers	77	<b>4:33:56</b>	98
Sutton	Kay	F50-54	vales	101	<b>4:40:10</b>	99
Adam	Gary	M50-54	Mt gambier	30	<b>4:43:21</b>	100
Kapetanos	Anthony	M40-44		66	<b>5:13:50</b>	101

Parkinson	Tina	F35-39	Port Lincoln	84	<b>4:16:03</b>	<b>DQ</b>
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Svane	Ib	M60-64	Lincoln Triathlon Club	102		DNF
Georg-dent	Steve	M35-39	the tribe	61		DNF
Johnson	Ryan	MELITE	Adelaide Vales	2		DNF
Noll	Ben	M25-29	West Lakes Lakers	81		DNF
Aves	Danielle	F30-34	Meteors	177		DNF
Moore	Trevor	M55-59	Lakers	78		DNF
Ellis	Rodney	M45-49		56		DNS
Machado	Jeremy	M30-34	Adelaide Vales	76		DNS
Lean	Phil	MELITE	Vales	13		DNS

# n Championships 008

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Behind Place
0:01:48
0:04:55
0:00:48
0:00:40
0:00:50
0:01:13
0:03:39
0:02:44
0:01:25
0:05:37
0:01:11
0:07:51
0:32:02

## S

Swim Time	SwPI	per 100m	Bike Time	BkPI	KPH	Run Time	RnPI	MIN/KM
0:22:39	1	1:08	1:33:58	1	38.31	0:53:53	1	3:36
0:25:01	9	1:15	1:35:09	2	37.83	0:57:03	5	3:48
0:27:00	16	1:21	1:36:15	3	37.40	0:55:02	3	3:40
0:23:27	5	1:10	1:36:47	5	37.20	0:58:27	8	3:54
0:23:48	6	1:11	1:36:23	4	37.35	0:59:20	10	3:57
0:26:16	13	1:19	1:37:32	6	36.91	0:56:56	4	3:48
0:23:21	4	1:10	1:40:28	8	35.83	1:00:34	12	4:02
0:25:38	12	1:17	1:40:34	9	35.80	1:00:55	13	4:04
0:24:26	7	1:13	1:46:25	18	33.83	0:58:06	7	3:52
0:27:17	19	1:22	1:42:08	12	35.25	1:01:06	14	4:04
0:28:04	24	1:24	1:48:20	26	33.23	0:54:21	2	3:37
0:25:15	11	1:16	1:43:37	14	34.74	1:02:11	17	4:09
0:28:02	23	1:24	1:43:30	13	34.78	1:01:54	16	4:08
0:22:44	2	1:08	1:41:57	11	35.31	1:09:28	29	4:38
0:27:21	20	1:22	1:37:55	7	36.77	1:10:04	33	4:40
0:29:02	34	1:27	1:41:41	10	35.40	1:05:10	25	4:21
0:25:06	10	1:15	1:48:14	25	33.26	1:02:42	20	4:11
0:31:42	65	1:35	1:45:04	17	34.26	0:59:32	11	3:58
0:27:25	21	1:22	1:47:38	22	33.45	1:01:43	15	4:07
0:27:15	18	1:22	1:46:48	21	33.71	1:04:23	22	4:18
0:28:35	29	1:26	1:47:50	23	33.38	1:02:18	19	4:09
0:28:33	28	1:26	1:49:41	30	32.82	1:04:41	23	4:19
0:28:20	25	1:25	1:49:19	28	32.93	1:06:17	26	4:25
0:30:05	46	1:30	1:44:03	16	34.60	1:10:10	35	4:41
0:39:51	103	2:00	1:46:46	20	33.72	0:57:44	6	3:51
0:29:22	37	1:28	1:46:36	19	33.77	1:08:38	28	4:35

0:31:41	64	1:35	1:44:02	15	34.60	1:09:42	32	4:39
0:32:43	77	1:38	1:51:08	33	32.39	1:03:01	21	4:12
0:29:43	42	1:29	1:52:51	40	31.90	1:04:43	24	4:19
0:26:16	14	1:19	1:53:38	44	31.68	1:08:11	27	4:33
0:26:49	15	1:20	1:47:51	24	33.38	1:16:07	50	5:04
0:28:46	32	1:26	1:53:32	43	31.71	1:09:29	30	4:38
0:29:09	35	1:27	1:50:15	31	32.65	1:15:08	44	5:01
0:35:02	92	1:45	1:48:28	27	33.19	1:12:35	38	4:50
0:28:24	27	1:25	1:49:27	29	32.89	1:19:21	59	5:17
0:31:47	67	1:35	1:52:26	38	32.02	1:14:28	40	4:58
0:33:16	82	1:40	1:56:04	52	31.02	1:09:29	31	4:38
0:30:18	49	1:31	1:52:58	41	31.87	1:15:55	48	5:04
0:31:28	60	1:34	1:52:16	37	32.07	1:15:36	46	5:02
0:28:56	33	1:27	1:54:49	47	31.35	1:15:46	47	5:03
0:34:42	89	1:44	1:54:17	45	31.50	1:11:10	36	4:45
0:28:37	31	1:26	2:13:17	87	27.01	0:58:59	9	3:56
0:32:28	73	1:37	1:58:52	57	30.29	1:10:09	34	4:41
0:30:09	47	1:30	1:55:59	51	31.04	1:15:22	45	5:01
0:32:18	71	1:37	1:55:12	48	31.25	1:14:26	39	4:58
0:34:18	86	1:43	1:53:02	42	31.85	1:14:41	41	4:59
0:27:11	17	1:22	2:03:17	66	29.20	1:11:50	37	4:47
0:30:54	53	1:33	1:55:46	50	31.10	1:16:04	49	5:04
0:30:16	48	1:31	2:11:50	85	27.31	1:02:17	18	4:09
0:28:23	26	1:25	1:58:44	55	30.32	1:17:53	57	5:12
0:30:56	54	1:33	1:57:56	54	30.53	1:16:25	52	5:06
0:32:38	75	1:38	1:56:19	53	30.95	1:16:24	51	5:06
0:28:36	30	1:26	1:50:43	32	32.52	1:26:37	79	5:46
0:33:12	81	1:40	1:51:19	34	32.34	1:21:29	63	5:26
0:29:44	43	1:29	2:01:54	62	29.53	1:15:04	43	5:00
0:30:50	52	1:32	2:00:19	58	29.92	1:16:26	53	5:06
0:31:54	68	1:36	1:51:26	35	32.31	1:25:07	73	5:40
0:30:57	55	1:33	1:52:14	36	32.08	1:26:38	80	5:47
0:30:35	50	1:32	1:58:47	56	30.31	1:21:51	64	5:27
0:31:14	57	1:34	2:03:28	67	29.16	1:18:00	58	5:12
0:31:18	58	1:34	2:04:42	70	28.87	1:16:58	55	5:08
0:29:42	41	1:29	2:00:19	59	29.92	1:23:21	68	5:33
0:34:58	91	1:45	1:54:29	46	31.45	1:26:30	78	5:46
0:32:11	69	1:37	2:00:28	60	29.88	1:23:33	69	5:34
0:27:55	22	1:24	2:05:43	72	28.64	1:22:47	66	5:31
0:32:29	74	1:37	2:02:57	64	29.28	1:22:26	65	5:30
0:31:46	66	1:35	2:02:34	63	29.37	1:24:24	70	5:38
0:38:40	100	1:56	1:52:33	39	31.99	1:28:37	83	5:54
0:33:08	80	1:39	2:01:40	61	29.59	1:25:11	74	5:41
0:35:45	94	1:47	1:55:35	49	31.15	1:28:40	84	5:55
0:29:32	40	1:29	2:10:33	82	27.58	1:21:02	60	5:24
0:36:40	98	1:50	2:03:04	65	29.25	1:21:24	62	5:26
0:29:29	38	1:28	2:11:02	83	27.47	1:25:14	75	5:41
0:31:39	62	1:35	2:10:31	81	27.58	1:24:36	71	5:38
0:40:02	104	2:00	2:12:30	86	27.17	1:14:45	42	4:59
0:29:22	36	1:28	2:07:34	75	28.22	1:30:47	86	6:03
0:29:57	45	1:30	2:08:36	79	27.99	1:31:06	87	6:04
0:29:30	39	1:29	2:19:34	97	25.79	1:21:11	61	5:25
0:32:50	78	1:39	2:15:10	90	26.63	1:22:59	67	5:32

0:46:14	108	2:19	2:09:15	80	27.85	1:16:26	54	5:06
0:36:26	96	1:49	2:18:34	95	25.98	1:17:32	56	5:10
0:34:20	87	1:43	2:07:05	74	28.33	1:31:37	89	6:06
0:33:20	83	1:40	2:14:53	89	26.69	1:25:27	76	5:42
0:32:24	72	1:37	2:11:07	84	27.46	1:30:27	85	6:02
0:40:52	105	2:03	2:04:11	68	28.99	1:31:28	88	6:06
0:34:50	90	1:45	2:14:27	88	26.78	1:27:17	81	5:49
0:32:14	70	1:37	2:08:16	78	28.07	1:36:48	94	6:27
0:33:30	85	1:41	2:08:05	77	28.11	1:36:37	93	6:26
0:38:34	99	1:56	2:04:14	69	28.98	1:37:14	95	6:29
0:29:48	44	1:29	2:25:29	100	24.75	1:24:57	72	5:40
0:31:13	56	1:34	2:06:34	73	28.44	1:42:51	99	6:51
0:36:34	97	1:50	2:04:47	71	28.85	1:41:42	98	6:47
0:41:17	106	2:04	2:07:39	76	28.20	1:34:24	90	6:18
0:31:31	61	1:35	2:19:14	96	25.86	1:34:27	91	6:18
0:32:52	79	1:39	2:26:36	101	24.56	1:28:03	82	5:52
0:33:27	84	1:40	2:17:40	93	26.15	1:41:14	97	6:45
0:34:23	88	1:43	2:23:46	99	25.04	1:35:26	92	6:22
0:35:56	95	1:48	2:17:34	92	26.17	1:40:26	96	6:42
0:35:03	93	1:45	2:22:09	98	25.33	1:42:58	100	6:52
0:38:54	102	1:57	2:16:24	91	26.39	1:48:03	101	7:12
0:38:49	101	1:56	2:28:13	102	24.29	2:06:48	102	8:27

0:43:44	107		2:34:01					
0:31:39	63							
0:23:13	3							
0:24:56	8							
0:30:39	51							
0:32:39	76							